# Shirenewton & Newchurch Parish Magazine September 2010



Sketch by Barbara Davies

Price: 50p

#### Dear Friends,

Today, 19<sup>th</sup> August, we read that the last US combat troops have left Iraq. This does not allow us to say that the whole episode is ended. Some troops remain in support roles — which, till less than a month ago, was true of British troops, as well. That being said, the news today certainly suggests a turning point has been reached. I wonder what we have learnt?

I know the old British maxim: politics and religion don't mix. I also believe that it is thoroughly wrong-headed. Not that I seek to promote party politics from the pulpit. Religious politics should be based on values which may be shared by all political parties, or some, or (oftentimes) none. Yet if Christ's People do not speak Good News in practical ways to the real live people who need to hear it, both those in our own immediate community, and those in the wider world, then — frankly — I don't see point. This is what the word *Gospel* literally means: Good News. The day you can make Desmond Tutu believe that faith and politics don't mix, that's when I'll concede the point.

So was the Iraq War Good News? And, if so, to whom? I ask with no firm conclusions in mind. I believe that war is wrong; but I also know it's reality. In fact, I've never met a soldier who told me that it wasn't morally ambiguous. And they know more than most.

Yes, we went to war based on faulty information. Yet, Iraqi dissidents now live no longer in fear of torture at the hands of a truly cruel dictator—one who, for many years, we in the West had propped up. Was it worth it? Was the war a case of making right the situation with the monster that we ourselves created or invading a sovereign nation without cause? Or both? Or did we simply go to war for the sake of our own ego (or our leaders' egos?) Do ends justify means? And, if so, have these particular ends been sufficient?

I was vocally against the war at its outset — and, frankly, far less willing in general than I am now to live with ambiguities — yet loving my friends in the British and American militaries who had to go fight. Today I accept that no-one can change things: what has been, has been. But I do want to know if there are lessons. Notwithstanding any propaganda you may hear, Christians and Muslims both come from the very same prophetic tradition that says the One God calls his children to live in brotherhood and sisterhood. Six years on from the invasion, all I really want to know is whether we are more capable, or less, of doing just that. Blessings,

Fr. Will

### FROM THE REGISTERS

### **Baptism**

6th July 2010

Hudson Lloyd Morter son of James and Lisa Morter

### Marriage

Andrew Peter Morris and Rhian Sarah Williams at St Thomas à Becket on Friday 6th August 2010

James Dance and Kay Vaughan at St Thomas à Becket on Saturday 14th August 2010

### Service of Thanksgiving

For the Life of Ivy Wells, 21st June 1913 to 23rd June 2010 at St Thomas à Becket On Thursday 15th July 2010

#### Letter of Thanks

I would like to thank everyone for their prayers and good wishes during my recent very sudden illness.

Allan and I are so glad we are within such a caring community where there is so much love and support - thank you Sally Saysell

### Shirenewton Church Harvest Festival Service and Lunch see P39

### St. Peter's Church Newchurch

Reminder:

Songs of Praise 7:00pm Wednesday 8th September Harvest Thanksgiving 7:00pm Thursday 7th October

### SHIRENEWTON COMMUNITY LUNCHEON CLUB

Please book early to secure your place for lunch on Wednesday
September 22nd
October 27th
November 24th

# SHIRENEWTON COMMUNITY COUNCIL MEETING. Monday 2<sup>nd</sup> August

From Your Own Correspondent – Don't forget, I am trying to capture the essence of the meeting and to report on the interesting bits. For the full report, you need to read the minutes on the newly refurbished (and much easier to use) notice boards.

And if anyone else would like to be the Community Council Meetings Hack, **please**, **please** let me know. Glynis 641 818 or glynis.macdonald@btinternet.com

The Community Council meeting was a bit different this month. 60 members of the public plus the councillors were in attendance. This was because the first hour and a half were given over to a presentation by representatives of MCC about the plans for affordable housing in Shirenewton and Mynyddbach and this was then followed by a Q&A session. George Ashworth was the MCC main speaker and he was accompanied by County Cllr Greenland. Apparently, 200 houses need to be built in the main villages and by using some complicated formula this means that 15 houses should be built in Shirenewton of which 9 should be of the 'affordable' sort.

The general feeling of the meeting was in agreement with the concept of affordable homes in the area – but that left many questions.

Where to put them? Several possible areas have been identified – a little colour-coded map had been drawn up and was distributed. But the MCC did take note from the meeting that the two sites that stuck out into the green wedge that separates the two communities should not be used.

Had the MCC consulted our Village Plan – and might it not have been a good idea to ask the local community councillors to identify appropriate sites? The answers to these points were ...a little vague.

Where did these figures come from? The two representatives tried to explain the formula and they did comment that, in the grand scheme of things,

9 affordable houses was really quite a small number But several people thought that the methodology of how these numbers were acquired was deeply flawed.

What was affordable housing? These details were still to be thrashed out but the idea was that younger families starting out on the property ladder should have a helping hand.

**Could there be some bungalows for elderly local people?** This was thought to be a good idea.

Was the sewage system adequate because it was deemed inadequate in previous planning applications? Apparently, Welsh Water say now, that it is adequate although County Cllr Down thought this was questionable as there were problems further down the pipeline in Mathern. (Sounds grim)

Would local people have first dibs? It was hoped so but how this would actually be implemented has yet to be worked out.

Would they continue to remain affordable? Umm...It was hoped so. How could this work out in practice? Err...tba

But all in all, it was a useful meeting and good that MCC should consult with the people who live here **and** (it is to be hoped) to take their views into consideration. If you want to comment on the plans you'd better get a shifty on and do so asap. Send your views to MCC Local Development Team. You will get an acknowledgement of your letter but MCC said that due to time and workload constraints, they would not be able to answer individual questions but that your views would be added to the data base.

At 9.00 everyone left (wel, not the councillors) and the community council meeting started

### Police report from PC Cowburn

PC Cowburn popped into the meeting but the 'affordable housing' meeting was in full swing. These were the incidents that had been noted from 5<sup>th</sup> July to 31st July. He was pleased to comment that there had been relatively few incidents in the area although this was not true of Tintern.

- 7/7 There was that stray cow on the road between Earlswood and Shirenewton.
- 11/7 A motorcycle operation was held on the B4235 near Shirenewton
- 11/7 A Nissan 4 wheel drive was stolen from Cadira Beeches.
- 11/7 There was a road accident on the B4235 near Shirenewton. A motorbike hit barrier and the female rider had minor injuries.
- 15/7 House alarm at Shirenewton but it was a fault.
- 24/7 A very large and very bright ultra violet light was being used near Shirenewton as a moth trap. (51 different moths were identified and subsequently charged with loitering)
- 27/7 Suspicious phone call received at Shirenewton.
- 28/7 Domestic incident near Shirenewton.
- 1/8 Daytime burglary at Earlswood. Window smashed to gain entry. Jewellery stolen.
- 29/7 Car damaged at Laurel Park, St Arvans. Back window cracked.
- 31/7 Disorderly party near Devauden. Male arrested.

And an off road motorcycle operation for Wentwood has been planned for a date in August.

Continued on Page 6

### Planning

1. DC/2010/00453 Shop Farm, Earlswood

Two storey extension to side and rear of existing dwelling. Amended plans. The applicants had revised their plans and the previous objections have been taken into consideration. Approval was recommended

### 2. DC/2010/00344 Gate House, Penycaemawr, Usk

Demolition of existing dwelling and erection of replacement dwelling and garage. It would seem that the house lives in a dip and collects water and so the applicants want to demolish the house, move uphill and make it bigger. But the councilors considered that the proposed house would be too big, that it would be seen from the road and that the new design was not in keeping with the area. Refusal was recommended

### 3 Holly Cottage single story extension

The councilors noted that Holly Cottage has been the subject of multiple previous extensions. They felt that these new plans were unsympathetic to conservation, the density was too great, the finish was inappropriate, there were too many roof levels and that there was a lack of integrated design.

Refusal was recommended

#### Items of local concern

5 trees have been felled on Bluebell Lane but it seems that the fellas had not got a licence and so the enforcement officer will be notified.

Work is to be carried out by MCC for flood alleviation at Shirenewton Recreation Car Park.

The traffic calming measures including rumble strips will rumble on to next month's meeting as will the possibility of purchasing speed monitoring equipment in collaboration with Portskewett and Caerwent at a total cost of £3600. Cost to SCC would be £1200

The planning application for a house behind Hill View Cottage and adjacent to the Church has been refused.

The proposals for new electoral reforms in Monmouthshire were regarded as a complete nonsense and it was agreed to write back and say so.

There was a pile of other stuff too... I think it was about Lottery shop grants and speeding and wind farms and One Voice Wales and the notice board at Gaerllwyd and court closures and trying to save Abergavenny...

But by this time I must have sunk into a state of complete torpor because surely we couldn't be discussing the state of the village nag? The ups and downs of the poor old playground horse? Not again... Oh please not... Glynis

# Please note the next meeting will be on the 13th September not the first Monday in the month

Nick Ramsay A.M.

will be at

Shirenewton Church Hall

on Wednesday 15<sup>th</sup> September

(new date) at 7.15 pm

to explain and answer questions on the proposed

WELSH ASSEMBLY REFERENDUM

Shirenewton Community Council

Glyn Edmunds (MCC)

will be at

Shirenewton Recreation Hall

On Monday October 4<sup>th</sup> at 7.30pm

to speak and answer questions on the proposed

### FORTNIGHTLY REFUSE COLLECTION

Shirenewton Community Council

## CONTINUING EXTRACTS FROM "WORKING TO LIVE" BY ERNEST E. JONES

#### The Horse.

It would not be fitting in this historical record not to dwell for a while on the horse, the motive force in the farming industry for many years and it is often forgotten that it used to be very much used in the battlefields at the time of war. There is no doubt that the waggoners of old had a great affection for their horses, the horse could help them to do what they themselves did not have the power to do. Much of the care and the feeding and looking after their horses was a case of living to work, they were very proud of their team. Although a lot of work sometimes in bad weather was a case of working to live. Horses are very intelligent animals, we used to haul hay off Caldicot Moor, and to see two Shire horses hitched to a wagon of hav stuck in the mud; and when the load was roped ready for the road, you saw that the front horse was tight in the traces and the order was given, "right now together", and to see that combined power still brings tears of admiration to my eyes, and when they knew the load was moving they would not stop until they reached the hard road. The care of modem day tractors is not to be neglected and attention to detail is well repaid, but a horse is a living being and as such care and attention very often went far beyond the call of duty. One of the joys of working with horses in the summer was, after a days work to see them rolling on their backs with their feet in the air and then they would get up and give themselves a good shake and settle down to graze. In winter feeding working horses was an important job, they were fed on a mixture of chaff, (chaff is hay that has been put through a hand turned chaff cutter to leave it in short lengths), crushed oats and a few beans, on Sunday the ration was modified to every waggoners own recipe to guard against Monday morning leg, an inflammation of the joints, caused by not working and to prevent this the protein level was reduced in the feed. One of the living to work occasions with horses is the arrival of a new foal, usually in early May, it usually occurs early in the morning and unaided. There is not much warning of the impending event, but beads of wax on the mares teats are a sure sign that birth is imminent. Cows at calving will stand a lot of difficulty and survive, but this is not the case with horses.

I've often thought what a tragic waste of human life that occurred during the two world wars, and how terrifying it must have been for the horses taken from the peace and quiet of the countryside to pull the guns on the battlefield in the 1914 war. It has been said and hoped that the working horse would come back, there is nothing absolute but I would very much doubt it. Horses are a part of our history and I am proud to have been part of it, and when folk say we were born too soon I disagree because I would miss the pleasure of working with horses.

### **NEIGHBOURHOOD WATCH**

The next meeting will be held at 7.30pm, on Wednesday 01.09.10, at The Huntsman. All existing participants any new faces are welcome. For Shirenewton & Mynyddbach residents, September will be the month for confirming the current membership, therefore, expect a visit when the £1 (minimum) subscription can be played and contact details can be checked to ensure that information is circulated effectively. These days, the use of e-mail is the preferred method of passing on information. Don't forget to ask the NHW representative, who calls on you, about the benefits of being part of an active Neighbourhood Watch Scheme.

Beverley Moore NHW Co-Ordinator

### BARNARDO'S COLLECTION

Philip Henshall would like to thank the residents of Newton Manor and Redd Landes for their generosity in response to the annual Barnardo's door to door collection. This year we raised £80.90, which makes 2010 our best year yet. See you all again, same week, next year, just after the Church Fete. Anyone who is not on my round and would like to contribute, please feel free to either let me have your contribution or add it to a friend's envelope in Newton Manor or Redd Landes.



# Shirenewton Church Room Come and listen to: Sarah Jones



'Folk Singer and Song Writer' Friday 15<sup>th</sup> October 7.30 Tickets £7.00 Light refreshments included

Tickets from Glynis on 641 818 glynis.macdonald@btinternet.com
A great evening's entertainment

### SAMFAL

Mike Gambold.

Here we are with the September issue of the magazine; my apologies for missing the deadline in July. I would like to start by saying a big "Thank you" on behalf of the association to the groups of supporters and indeed individuals who have assisted over the last few weeks in uprooting Himalayan Balsam and Ragwort; the latter having its own Act of Parliament, The Ragwort Control Act 2003 which states that we are obliged to control the spreading of it. I do not think that we will eradicate these weeds but if we can keep them in check somewhat it will be a good thing for us and our near neighbours.

As I write these words towards the end of August there is definitely an autumnal quality in the morning and evening light and the smells and sounds of the countryside are perceptibly changing; some leaves on certain trees, having done their seasons work are altering colour, blackberries and apples are ripening and other fruits of nature's larder are showing every sign of cropping well, providing bounty for the wildlife, and indeed, those amongst us who can "step off the hamster wheel" and take time to go foraging – though I strongly urge that no one picks and consumes the many kinds of edible fungi unless you really know what you are about.

Later on in the autumn when the fern and the brambles have died back I will be planting a hedgerow along the fence between the patch of alders and the corner of Blethyn Close field. The rule of thumb in ancient hedgerows is that for every different kind of species contained therein it has taken fifty years to establish. We will of course be cheating this system and plant a mixed hedge from scratch (indigenous species only, naturally) and at intervals putting in trees such as oak, ash, holly etc. to grow to maturity; this by mutual agreement with our neighbour. We are currently exploring options regarding the purchase of a secure lock up for storing the tools and equipment required for carrying out our tasks.

I have been asked by several people about the progress of the juvenile female goshawk that was found shot near Earlswood back in the spring. As mentioned previously I am a trustee of the Gwent Hawk Rescue centre, which as the name suggests, rescues and attempts to rehabilitate sick and injured birds of prey. The hawk is housed on our premises near Penallt and is doing well; though possibly due to trauma it has not moulted its feathers fully into the adult plumage and currently has a fairly comical harlequin appearance. As stated earlier it can never be released but we do harbour hopes that it can in the future be used for breeding purposes. (they become sexually mature at around two or three years old). There has been a quite extensive moth survey carried out identifying scores of different species, most of which I have never heard of so I will not list them, but if anyone is interested please contact Mike Sayce on 641625, or me on 641773. The same applies for any other queries. More information next month.

# Peace, Privacy, and Stunning Views!

Delightful cosy cabin for two, nestling on a hillside between the Wye and Usk Valleys, 1 mile from picturesque Shirenewton village

- \* fabulous, uninterrupted views of the countryside
- \* newly refurbished, fitted kitchen / luxury shower room
- \* private drive, patio and garden area
- \* 3 night breaks or full weeks available

Perfect for a relaxing break or ideal for walkers, bird-watchers, site seeing...or family visiting

## **Bryn Cosyn**

Pant-y-Cosyn House, Usk Rd, Shirenewton, Chepstow, Monmouthshire, NP16 6RZ Tel: 01291 641826 email lynne@bryncosyn.co.uk Website www.bryncosyn.co.uk

### SPONSORED WALK - 21ST AUGUST

A huge thank you to everyone who sponsored us so generously for our BIG walk. Despite, or in spite of, many doubts (our own included), we actually did it. We walked the 52 miles from Brecon to Shirenewton in 17 hours; 15 of which were in the rain, which didn't dampen our spirits, only our feet! The last 21 miles from Cwmbran were a sheer slog – there were lots of long silent bits where the banter definitely dried up. There's no doubt the sponsorship money (and prospective Mickey taking, if we'd failed) kept us going and got us up the Cwm to a quick drink at the TA. We arrived shattered but elated that we'd actually achieved the challenge.

We are writing this the day after the walk, counting sponsorship money and blisters, and thankfully the pounds far outweigh the blisters! We are thrilled to have raised £1,104, which will be split between the British Heart Foundation and Leukaemia Research in memory of Ian Mc Farlane and Tim James - two guys who were worth a few blisters in anyone's book.

Tony & Alan Prout

### SHIRENEWTON LOCAL HISTORY SOCIETY

The July meeting was held at the Huntsman Hotel, Shirenewton and our speaker for the evening was Tim Ryan who gave a very well received talk on the Aust Ferry. Many of our members had travelled on the ferry and quite a few amusing stories were added to the long list Tim already had. The work involved to save the ferry was immense and hopefully it will be on display once again at the new development planned for Chepstow's river bank.

On Wednesday, 7<sup>th</sup> July we visited Bullace Hill (Llanfair Discoed) to visit the medieval village, the rain stayed off long enough to have a very interesting visit of the many cottages and view rural crafts displayed such as thatching, wool dying, bread making and cheese making.

The society's subscriptions will be due next month and new members are welcome to join the society. (tel. No. 641376).

Dates for your Diary:

Monday, 13th September, Resource Meeting, Recreational Hall, 2.00 – 5.00 pm

Tuesday, 28th September, Meeting at the Huntsman Hotel, 7.30 pm

Speaker: Mark Lewis, Curator at Caerleon Museum

Talk: T.B.D.

### 1<sup>ST</sup> SHIRENEWTON GUIDES.

As Guides do not normally meet in the summer holidays we have very little news this month. However a few intrepid Guides did volunteer to join a County team to help



out at the St Mellons show at Tredegar House. Several camped out on the show ground overnight ready for an early start in the morning, others joined us on the Saturday. Apart from a couple of very heavy showers it was a pleasant day. A big thank you to those who participated.

We will be writing to all Guides in the next few days to pass on information about the new term, so watch out for the letter!

Kestrel & team.

### FAIRTRADE NEWS

Traidcraft is the company that supplies the goods I sell. There are, of course many other Fairtrade companies and the range and number is growing all the time - did you know that John Lewis deliver Fairtrade flowers for example? I described in the last



Parish mag how Traidcraft has often led the way for these other companies and many of us Fair Traders campaign on a variety of issues. Recently Traidcraft's Extra Mile Magazine listed some of the successes that Traidcraft and other campaigners have achieved.

- 1 We helped to secure changes to company law that mean UK businesses must report on their social and environmental impact overseas.
- We got a commitment from the new government to set up a Groceries Ombudsman which will protect vulnerable farmers, here and abroad.
- 3 We helped the Fairtrade movement grow into a household name benefiting 7 million farmers and their families.
- 4 We sent 75,000 postcards to UK tea companies encouraging them to adopt or extend their fairtrade products.
- 5 We have kept up pressure on Europe to stop pushing unfavourable trade agreements on African countries.

If you are interested in becoming involved in campaigning have a look at <a href="https://www.traidcraft.co.uk/campaign">www.traidcraft.co.uk/campaign</a> or call 0191 497 3981

Now I have to say the CHRISTMAS catalogues are now available! Marion McAdam 641 316 <a href="mailto:msm316@qmail.com">msm316@qmail.com</a>

#### MOTHERS' UNION



Mothers' Union meets again on Wed Sept 8th, this time for a picnic and games and a quiz at the Quiet Garden, Coed Y Paen. This is open to anyone, so bring a friend.

Details from Rosemary Carey Tel: 425 010 or Patsy Lewis Tel: 420 602

The Focolare homegroup is also open to anyone and meets on Thurs 23rd 3pm at the Careys' house, 83 Wentwood View, Caldicot.

This is a time to think together about all sorts of things including our faith (or lack of it) and to share a cuppa of course!.

Rosemary Carey, MU Branch Leader 01291 425 010

### SHIRENEWTON CHURCH WEBSITE

www.shirenewtonchurch.com

As the summer draws to a close, I'm typing this overlooking the med with a glass of cava to hand. It was a hot day on the beach but it has to be done! The good news is, that at the end of July, the website had taken over £1,000 in referral fees all of which, as I keep saying, is money for nothing. So a big 'thank-you' to all those supporting us.

In the 1<sup>st</sup> 6 months of the year the website had 2,227 visits (this is the main website and not the shop which is getting about 3,500 – 4,000 page views per month) with 8,142 page views which is an average of 3.66 pages per visit. Of the 2,227 visits 1,322 were unique so that means over 6 months 1,322 different people visited the website. The top ten countries were (most popular first): UK, USA, Ireland, Spain, Canada, New Zealand, France, Germany, Australia & Tanzania

The shopping portal currently has 266 shops in 34 categories. The newest shops are Spanair, Garden Bargains, The Celtic Manor Resort, Lowcosttravelextras.com, lowcostholidays.com, boxfresh, flyBe, Budget rent-a-car, BHS Direct & Perfume Plus Direct.

Needless to say, the Kilimanjaro photos and story are on the website and I'm working on getting the video diary we showed at the Kilimanjaro experiences evening available as well.

Safe Browsing

David Cornwell Webmaster – shirenewtonchurch.com

### 200 CLUB JUNE DRAW FOR JULY/AUGUST

No. 2 Jenny Howells £40

No. 61 James Leany £30

No. 156 John Waters £15

No. 71 Peter Bartlett £10

#### STARGAZING IN SEPTEMBER '10

The Summer Triangle made up of the bright stars Deneb, Vega and Altair continues to dominate the sky to the South. Deneb forms the head of the constellation Cygnus, the Swan which lies pretty much overhead. Its brightest stars form a cross against the background of the Milky Way. The Great Square of the constellation of Pegasus, the winged horse of Greek mythology, lies to the south. The Plough can be seen in the northern evening sky whilst the "W" of Cassiopeia lies to the north-east.

The very bright planet Jupiter can be seen to the South-East in the evening sky. On the night of the 22<sup>nd</sup> the Full Moon lies just above Jupiter. The Crescent Moon is close to Venus in the evening twilight on the 11<sup>th</sup>.

On the first day of the month, the waning Gibbous Moon is just to the left of the star cluster of Pleiades, to the South-East. The moon is getting smaller after the full moon but before the last quarter moon.

Autumnal Equinox occurs on the 23<sup>rd</sup>, when day and night are both 12 hours long.

Traditionally farmers working late into the evening to gather their crops are aided by the light of the Harvest Moon – this year this is the Full Moon of 22<sup>nd</sup> September.

Dave Thomas

### WHIST DRIVES

31 players enjoyed the August Drive. The next Drive is on Thursday,  $2^{nd}$  September at the Recreation Hall at 7.30 p.m. New players are made welcome, please join us, our Table fee is £1. per person which includes light refreshments. We also have a Raffle which raises funds for the upkeep of the Hall. In October we shall be playing on the 7th and in November on the  $4^{th}$  same time, place and conditions – oh dear, how time flies it will soon be Christmas!!. Auriol Horton. 01291 641844

### Sunrise on Pen y Fan.

Saturday 10<sup>th</sup> July was a warm, rather balmy day, and the next day dawned brilliantly with blue skies and crystal clear air. What happened overnight was therefore rather surprising....

Various groups of people travelled from Shirenewton to the Brecon Beacons, leaving at about 1.45am. The roads were empty, and the going was good until the other side of Abergavenny, when the heavens opened, the wind blew and it absolutely threw it down with rain. There was standing water on the Heads of the Valleys road, and silent, sleepy people in the cars, all quietly wondering why they had traded nice cosy beds (and a rare Saturday night without alcohol!) to walk up a mountain in the dark, in the wind, in the rain.

23 souls and 3 dogs (including Silas the huge Wolfhound) assembled at Storey Arms, fortunately all equipped for the worst that the night could throw at us. We were greeted by Mike Peckham, Geoff Marlow and Matt Smith, together with various offspring, who had all bivvied out under bushes and been able to snatch a bit more sleep than the rest of us. It made some of us feel rather pathetic to be honest.

The heavy rain lessened by the time we set off up the mountain at about 3.15am, and it was merely driving drizzle rather than full blown torrents that we had to contend with. With the wind behind us on the way up, heads down, and with the light from our head torches reflecting back at us in the misty air, we each followed the boots of whoever was in front, found our rhythm, and were on top by about 4.50.

The idea had been to see the sun rise at 5.10am, and the magnificent view from the top of the mountain. Allegedly you can see from the Preseli Hills to Exmoor and beyond on a clear day, but that will have to wait for a repeat visit. We leaned against walking poles into the teeth of the gale, and Silas the Wolfhound appeared to wrap himself around his master's legs for comfort. Lizzie Peckham and Geoff Marlow took shelter under a large, flapping bivvie sheet and nobly brewed tea and coffee for all, and this, together with biscuits and flapjacks helped to cheer us up before we set off back down again. Once on the descent, the mood changed – the rain stopped, the mist lifted, larks began to sing, and there was even some sunshine on the hillside across the valley – it felt as if we were walking into another world. At about this time someone also picked up a tweet from the church website that confirmed that the Kili walkers had all made it to the summit – putting our rather feeble efforts into perspective!

Once back in the car park, most of us were content to head off back home, but Bob Millar and Richard had decided that the walk in itself would not be a hard enough challenge, and had brought their bikes to cycle back to Shirenewton. We waved them off with a mixture of bemusement and sneaking admiration, knowing that they had another 50 miles hard pedalling before they would make it back home.

With thanks to the drivers who managed to keep awake in the small hours, we got back safely to Shirenewton at about 7.30am, where Mike Peirce (assisted by Judith and Glynis) hosted a slap up breakfast complete with bacon, eggs, tea, orange juice and champagne! Sitting in Mike's conservatory with the sun shining, sipping bucks fizz and chatting about the events of the night was almost surreal, and there was definitely a certain dreamlike feel to the preceding few hours.

Bob and Richard made it back to the village in an impressive 3 hours 5 minutes, and probably deserved their breakfast more than those of us who had merely walked up a rather modest Welsh hill!

Thanks again to all who helped to organise and lead the walk, especially to Mike and Lizzie Peckham and Geoff Marlow, to all who participated, to Mike for breakfast, and for the generous support of all those who sponsored us. Pauline & Hugh

# Spanish Tutor and Translation Services (English, Spanish, Italian & French)

Are you thinking of taking a few lessons for your holidays? Do you need to improve your skills as a Spanish speaker?

I'm a native-Spanish speaker, with an excellent pronunciation and grammar. If you are interested in learning a new language for business or leisure purposes, just call or drop me an e-mail.

Translation services and rates vary depending on the extension and nature of the text. I guarantee professional reliable service, flexible prices and confidentiality.

I am available in the day time and early evenings during the week. The place will be agreed on together to suit both parties. Please feel free to contact me for further details.

### **Paty Davies**

Tel: 01291 641553 Mobile: 07807103901 email: lucy\_24@hotmail.com

### KILIMANJARO REPORT

On 4<sup>th</sup> July the Shirenewton five left at 3.30 in the morning for Heathrow to meet up with the Irish duo at Amsterdam en route to Kilimanjaro. A week later, the magnificent seven were at the top of Mount Kilimanjaro, at 19,500 feet the highest free standing mountain in the world and the highest in Africa. Accounts of the adventure appear on the church website and were recounted at the "Tales from Kili" evening in the church room on Friday 13<sup>th</sup> August.

The trip was an awesome experience, beautiful but stark scenery, great camaraderie and a huge physical challenge. It was no walk in the park – on the final ascent night, we walked for 16 of the next 19 hours and went from 14,000 feet to 19,500 feet then back down to 10,000 feet. Not good for knees, toes and the rest of the body! The air is so thin you can barely breathe and if you are unlucky enough to be afflicted by altitude sickness, you have a raging headache and extreme fatigue.

So was it worth it? Without a doubt – one of life's experiences you will never forget. With an average age of 58 we were the oldest group on the mountain yet we all made it to the top – which statistically was unlikely since the overall success rate is less than 80%. More importantly, we were doing this as a charity climb, with us paying all our own expenses. We are on track to raise £15,000 which will go towards paying off the debt on the church room and help three other charities, two in Africa and one in Ireland. We were fortunate enough to visit one of the African charities, a school in the hills outside Arusha serving the local Masai tribes and were able to see for ourselves the living and schooling conditions. We intend to equip a new classroom with desks and know that our contribution will make a real difference to them. The other charities supported will also make big differences to the lives of those they touch.

So a huge thank you to all who supported us – it helped keep us going when it was tough. The Shirenewton five were Dave and Khakoon Cornwell, Charles Eickhoff, Lynn MacFarlane and Kevin Bounds . We were joined by Tom Peirce and Pat Sullivan. See below for proof that we made it! A special thanks to Dave who arranged the trip, to Mike and Lizzie Peckham who gave us invaluable advice and to all who lent us equipment.

Kevin Bounds, Chairman Shirenewton Church Extension Fund and retired mountain walker

Space limits what we can reproduce in the Parish Magazine and because we photocopy the publication photographs do not turn out well.

Many people enjoyed the evening in the Church Hall and we were treated to some graphic accounts of the climb and Kevins altitude sickness. If you missed this excellent evening or you wish to have a second look, the Church Web Site has a great deal of information and photographs.

Congratulations to all that made the top and the successful fund raising. Terry : Editor Parish Magazine

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### SHIRENEWTON RECREATION ASSOCIATION

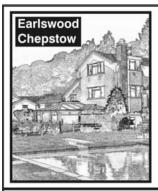
Shirenewton Recreation Hall and grounds have been in existence for many years run by a small band of volunteers. We try and keep the hire rates down as low as possible while still managing to cover running and maintenance costs. It is not the intention to make a profit.

Since its refurbishment in 2006 it has been very well used. For example, it houses a thriving daily Playgroup, Mother and Toddler group, Tai Kwando classes, Whist Drive evenings and Community Council meetings. Various youth groups and the W.I. also meet there. Chepstow Cricket Club play every Saturday during the summer months and at least one Football Club plays mid week and Saturday matches during the Winter. It is also hired by individuals for parties and we have had two lovely wedding receptions held there in the last two years.

The Hall has become so popular that we are in desperate need of additional storage facilities. We have been very fortunate in obtaining a grant for £6000 but a further £4000 is needed to complete the work. The Recreation Committee has decided to embark upon a fund raising drive to raise the money needed - and to hopefully have some fun doing it! These activities will be known as RAFA (Recreation Association Fundraising Activities)

The first of these was a sponsored walk by Committee and friends in August. (thank you to all who supported this)

We propose, in the next twelve months to hold Quiz Nights bi-monthly (beginning 2<sup>nd</sup> October), an Open Gardens Day, Treasure Hunt and a Ladies Evening and Fashion Show - and anything else we might think of along the way! So please look out for these RAFA events and support them if you can.



\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

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Proceeds in aid of Shirenewton RAFA (Recreation Association Fundraising Activities)

September 2010 Page 21

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### Nerys's Natty Nosh



**Wow!** What a great success the fete was this year. The cake stall was pretty

impressive with fruit cakes, bara brith, home made bread, biscuits, Victoria sandwiches and cup cakes. I made the raffle cake this year. It involved a lot of work but raised a staggering £156 which I'm thrilled with. Some people have asked me for the recipe so here it is.

# Light Fruit Cake = 9 inch round tin or 8 inch square tin.

### Ingredients

2 lbs (995 g) mixed dry fruit -I used raisins, cranberries, apricots, cherries, blueberries and 2 tablespoons of chopped stem ginger.

2 tablespoons brandy

14 oz (440g) butter (room temperature)

14oz (440a) muscovado sugar (warmed)

5 standard eggs (room temperature) beaten

1lb (500g)plain flour

3 teaspoons mixed spice

#### Method

- 1 Mix your choice of fruit with the brandy, cover and leave overnight.
- 2 Line the tin with grease proof parchment paper. Fold several pieces of newspaper around the tin, and secure with string.
- 3 Preheat the oven to 140C, 275F, Gas Mark 1.
- 4 Warm the muscovado sugar either in a bowl on top of an Aga or for a few seconds in the microwave. This helps the sugar to dissolve.
- **5** In a large bowl cream the butter with the sugar, until light and fluffy.
- **6** Gradually add the eggs, beating well after each addition.
- **7** Gradually stir in the sifted flour and spices.
- **8** Stir in the soaked fruit. Spoon into the prepared tin and smooth the surface.
- 9 Tap the tin on the work surface to remove any air bubbles in the mixture. Place on a baking sheet and cook.
- 10 Every oven is different; as a guide bake for 4-5 hrs. Test the cake towards the end of the cooking time. A skewer inserted into the centre of the cake should come out clean. My cake took 5 hours to cook.
- **11** After baking you can drizzle the cake with a little extra brandy.
- **12** Cover the cake with non-stick baking paper and foil and leave to cool.

Store. When cold and set, remove from the tin, wrap in greaseproof paper and foil and store in an airtight container in the fridge for two weeks or freeze for up to a year. If covering with marzipan and icing, this will prolong the storage period.

**Nutrition** Dried fruit are a valuable source of calcium and iron.

### Enjoy!

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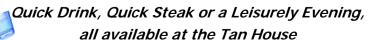




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### GARDENING CORNER

This year seems to have just flown by and some crops have been pulled and replaced by late crops already. This seems earlier than usual but checking the diaries it seems that there are only days between this year and others gone before. We obviously had a late start with some very cold weather for far too long. Then hot and dry, so many of the crops in the vegetable plot caught up and then ran out of steam as the ground moisture started to disappear. In the vegetable garden it has been the usual mixed bag of success's and failures. The potatoes have done really well and the dry weather has meant that blight has been kept at bay. I normally only grow early and salad potatoes, but this year decided to try one of the new blight resistant varieties as a main crop. These are still looking really healthy and I really need to get them dug before the slugs start to make too much of a mess of them. Of course now the rain has arrived this is not the time to start, so this job will need to wait for a spell of dry weather – assuming that we get one of course!

Onions and garlic were dug and dried in the heat of the summer and are now stored in the garage waiting for Autumn and Winter use. I messed up with the curly kale this year and planted it in the ground far too early. It won't be long before the plants have gone too far – long before they should be harvested during the Winter period. I've sown a replacement crop, and these are growing on now. I'm just concerned that they may now be too late, but there are still several weeks of relatively good growing weather yet, so the fingers are crossed. Also outside in the raised beds we have a good crop of leeks, although some of the other root crops succumbed to the hot, dry weather. The peas and broad beans, despite being sown at intervals, all came in at once and didn't continue cropping for very long. Fortunately the runner beans have faired a little better and we are now picking a good crop. The first flowers failed to set very well, but with the cooler weather and some rain, they flowered again and these are doing much better. In the tunnel things have faired much better, although we have lost several of the tomato plants with the stems having turned black and the plants dying. I need to check the plant health book to see exactly what the problem was and why. For some reason it was all the one variety called Jersey Devil. I'd bought these as they were meant to be an old tried and tested variety especially good for cooking. Those that we have harvested have been quite special and have been a welcome addition to the roast tomato soup recipe, being veryt fleshy with few seeds. We

have made two lots of soup so far and there are still plenty of tomatoes growing to increase our soup supply in the freezer. We've been adding peppers and aubergines as well to give it a little extra zing. The cucumbers have been amazing this year and have been the best ever. I have been feeding them regularly with the famous worm wee from our wormery and they seem to have enjoyed this special treatment. We usually suffer red spider mite attacks but this year I bought some predatory mites that delight in eating the red spider ones! This seems to have done the trick, and the red only just seem to be getting the upper hand. I noticed that they recommended a second release but it's probably now too late to order any more. We did get a reasonable picking of apricots and nectarines, although we didn't get as many as last year by a long way. The up side was that they were much larger thanpreviously, and very sweet and juicy. We are still digging carrot and being in the tunnel means these are completely free of root fly, so will definitely grow more next year indoors. A real success.

I'm starting to make one or two changes in the raised bed area. I'd grown some strawberry plants in the tunnel in hanging baskets and these have now been planted out in cleared (had the early potato crops) and newly manured beds. The strawberry beds that we had were not doing well and the plants had become quite diseased and manky looking, so they had to go! The beds with alstroemaria's in (cut flowers for her indoors) have been growing for some eight years and have now become quite congested and no longer growing as strong as they should. We've tried selecting the best colours and started to dig these up and moving them to fresh ground as well. Like so often happens certain colours (in this case yellow and orange) take over, and so these will be disposed of in preference to the whites, pinks and shades of mauves.

I intended to keep control of the "estate" a little more this year. I have still failed to do much in the flower garden and to some extent a number of the areas have looked after themselves. Some though have been a complete disaster and have been over taken by annual cleaver and brambles. These will be a priority next year and maybe if we get a reasonable autumn we can make a start later on this year. I have managed to cut nearly all of the hedges during July, and although I will have to cut them again, this job will be so much easier than if they had been left to grow.

Continued on page 32

#### Continued from Page 31

Another job that I have managed to keep up to date with has been the bees. I had two swarms early on that I managed to capture and place into hives. These have now settled in although are not thriving to any great degree. I have three other hives that are in a similar state, so, as I wasn't going to get any honey from them this year, decided to give them a tonic and also added some treatment in the hive for varoa, which is a nasty little mite that bees can carry which, in large numbers, can greatly reduce the vigour of a hive and ultimately bring about its death. The four remaining hives however have done really well. Whether it is coincidence or not, but these are all in the old cottage style WBC hives, as opposed to the newer national hive. These older style hives are double walled so may have protected the bees better in the cold weather, but then they take longer to warm up in the Spring mornings – so I don't know what to think! The one hive in particular has done exceptionally well. I have removed four supers (the level that holds the honey) so far and there are currently five left on. This means some eighty pounds of honey has been removed from this one hive and ultimately I might harvest in excess of 200 lbs of honey, which will be a record for here. Things are slowing down now and I've noticed that a few wasps are trying their hand at getting access to the hive and stealing the honey. I will have to close the entrances to the hives a little so that the bees have a greater chance of protecting their precious supplies (for them and me!). It will soon be time to close them right down with very small gaps that will allow the bees in and out, but stop mice gaining entry. These can do a lot of damage during the winter if they do gain access and nest down in the hive itself, usually eating great chunks out of the wax and honey stores. Still time to get back to the tunnel and start pruning the peaches and apricots. So happy gardening until next month.

Steve Hunt.

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Jane Smith-Haddon 01291 641525

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John Eede 01291 641257 Robin Mitchell 01291 650414 Beverley Leaf 01291 641680 John Harvey 01291 641279 Sally Saysell 01291 641369

Mynyddbach Ward Sally Saysell 01291 641369

Suzi Squires 01291 641787 Charles Eickhoff 01291 641716

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Earlswood & Newchurch West Memorial Hall

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Kids Ad Lib (KAL)

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Shirenewton and Mynyddbach Fields Association Ltd (SAMFAL)

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**Shirenewton Mothers Union** 

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**Shirenewton Mothers Union Branch Treasurer** 

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**Shirenewton Tennis Association** 

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### **DIARY DATES**

For further details see inside the magazine.

SEP	Event	Location	
1	Neighbourhood Watch	Huntsman Hotel	
2	Whist Drive	Recreation Hall	
8	St Peters Newchurch Songs of Praise	St Peters Newchurch	
8	Mothers Union Meeting	Quite Garden Coed Y Paen	
13	Shirenewton Community Council Meeting	Recreation Hall	
13	Shirenewton Community Council Monthly Meeting	Recreation Hall	
13	Shirenewton Local History Society Resource Mtg.	Recreational Hall	
15	Welsh Assembly Referendum talk by Nick Ramsey	Church Hall	
22	Tredegar Arms Luncheon Club	Tredegar Arms	
23	Focolare Homegroup Meeting	83 Wentwood View Caldicot	
26	Harvest Lunch	Earlswood Hall	
28	Shirenewton Local History Society Monthly Mtg	Huntsman Hotel	
ОСТ			
2	Quiz and Social Evening	Recreation Hall	
4	Fortnightly Refuse Collection talk by Glyn Edmunds	Recreation Hall	
7	St Peters Newchurch Harvest Thanksgiving	St Peters Newchurch	
15	Sarah Jones "Folk Singer & Song Writer"	Church Room	
16	Cubs District Rugby Tournament		
27	Tredegar Arms Luncheon Club	Tredegar Arms	

### SHIRENEWTON CHURCH - READERS AND SIDES-PERSONS

SEPT.	Service	Reader	Sides-Person
5	Fourteenth Sunday after Trinity	Mike Peirce	Mike Peirce
	Holy Eucharist at 9:30 am	Bob Grattan	Bob Grattan
12	Fifteenth Sunday after Trinity	Diane Marlow	Diane Marlow
	MATTINS SERVICE at 9:30 am	Barbara Davies	Barbara Davies
19	Sixteenth Sunday after Trinity	John Nicholas	John Nicholas
	Holy Eucharist at 9:30 am	Annabel Hancock	Annabel Hancock
26	Seventeenth Sunday after Trinity HARVEST FESTIVAL SERVICE at 9:30 am	The Children	

### **Shirenewton Church Harvest Lunch**

The Harvest Festival Service will be held at the Church at 9.30 am on Sunday 26 September and the Harvest Lunch will be served at Earlswood Hall at 1.00 pm. Tables cannot be reserved so we would ask that you arrive as soon as possible after 12.30 p m.

In previous years the event has been a sell-out and therefore please reserve tickets by contacting either Pauline Dutton (641677) or Margaret Lock (641884).

Anybody wishing to help is invited to join Pauline and Margaret for tea and cakes at Porthcerrig on Tuesday 31 August at 3.00 pm.

### YOU HAVE TO LAUGH!

Extracts from a Catholic Elementary School Test, reproduced as written

In the first book of the Bible, Guinessis, God got tired of creating the World so he took the Sabbath off.

Adam and Eve were created from an apple tree. Noah's wife was Joan of Ark. Noah built an Ark and the animals came on in pears.

Lots wife was a pillar of salt during the day, but a ball of fire during the night.

The Jews were a proud people and throughout history they had trouble with unsympathetic genitals

Sampson was a strong man who let himself be led astray by a Jezebel like Delilah

Samson saved the Philistines with the axe of the Apostles

Moses led the Jews to the Red Sea where they made unleavened bread, which is bread without any ingredients

The Egyptians were all drowned in the Desert. Afterwards, Moses went up Mountcyanide to get the tem commandments

The first commandment was when Eve told Adam to eat the apple.

The seventh commandment is thou shalt not admit adultery

### EDITORIAL INFORMATION

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